

# FITTING INSTRUCTIONS

When fitting the California AFO, sit in a chair with knee bent and foot flat on floor. A crew length sock must be worn.



Place foot on brace with straps open



Fold the "tongue" flap across ankle



Secure the top strap



Lift the Arch Suspender strap



Pull Arch Suspender strap across ankle



Wrap Arch Suspender strap around leg



Secure Arch Suspender strap across front of leg



Step into shoe with open laces



Use shoe horn if needed to slip into shoe



Secure shoe laces

