



## **Dr. Ben Pearl summarizes uses and benefits of the OrthoSleeve FS6 Compression Foot Sleeve in a Podiatric Practice:**

*“The OrthoSleeve FS6 Foot Sleeves are an excellent adjunct treatment modality towards conservative care, pre and post dispense of feet orthoses and AFO’s, thereby improving patient outcomes, satisfaction, referrals and profitability for my practice. The Patent, the FDA registration, and the integrity of the company (ING Source, Inc.) provides me and my patients confidence in the product.”*

**Summarized below are the successful and recommended applications by diagnoses:** (Sizes are available from Youth 12 to Men’s 18; New pediatric sizes address both Sever's disease and Plantar Fasciitis in children between 8-12).

### **Plantar Fasciitis**

Applies compression of fat pad at plantar heel while minimizing degrees of arch collapse and strain on plantar fascia. Combined with alternate conservative treatment modalities, this can be an inexpensive way of quickly treating early stage symptoms.

Pre and Post Night Splints: Patients get pain relief and have a treatment option once they improve and move away from Night Splints.

Pre and Post Orthoses: FS6 works perfectly to “augment” the application of biomechanical arch taping as well as when prescribing custom Orthoses. The patient can begin wearing the FS6 sleeves immediately following injections, taping or during stretching exercises to allow proprioceptive feedback and begin the complex healing process. For unilateral symptoms, the patient can use one sleeve for resting, arch training and exercising the intrinsic muscles, but we recommend pairs while they are active, especially more active people and athletes.

### **Achilles Tendonitis**

The FS6 sleeve's zones of compression are helpful in managing the water shed vascular area of the Achilles tendon and restoring posterior calcaneal fat pad to the Achilles tendon insertional area. The arch zones provide subtle decompression of the collapsing arch, which may also provide relief to the biomechanical strain of the Achilles tendon.

### **Ankle Instability/Ankle Sprain**

Although not a substitute for a gauntlet style brace or AFO, the FS6 provides an intimately thinner and more comfortable ankle stability through its advantage of the patented compression zone therapy which most gauntlet style ankle braces do not.

### **Posterior Tibial Tendonitis/Peroneal Tendonitis**

The FS6 provides optimum compression for grade 1 and 2 tendon strains. With the circumferential zone therapy, the FS6 provides gentle restriction of motion to both the medial and lateral column, specifically the mid-tarsal joint, thereby reducing degrees of strain on these important tendons.

**Pediatric Developmental Flatfeet:** An excellent prevention protocol in decompressing or restricting excessive motion in the growing child’s foot; also excellent for the adult with high degrees of oblique mid-tarsal joint axis motion.



**Sever's Disease:**

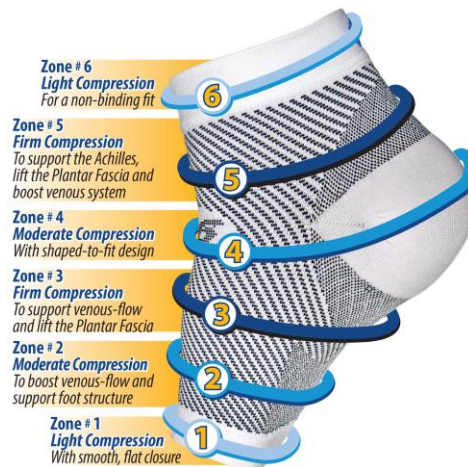
Compression of soft tissue due to trauma, strain, or repeated stress during growth spurts can provide relief to the areas of discomfort of those suffering from these symptoms. Applying subtle degrees of compression may reduce the strain on tendons and muscles as the bones grow too fast. It is theorized this can be accomplished with the FS6 Sleeve when biomechanical deficits are visually or palpatively noted and causing additional strain on soft tissues, muscles and tendons. Evidential medicine suggests that a positive response from the wearer may validate this hypothesis; although supporting data is lacking at this time.

*"I have been using the OrthoSleeve Brand FS6 Foot Sleeve in my practice for more than 2 years. Not only have we added to our positive patient outcomes, this compression Medical Device has added more than \$6,000 in annual revenue and \$3,000 in profit to my practice. With the addition of a few other relevant OrthoSleeve products, our revenue is expected to increase by more than 20% in 2016."*

**Aaron Ben Pearl, DPM – Arlington Foot and Ankle, Arlington, VA**



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